

The Essential Dalai Lama His Important Teachings Xiv

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The Dalai Lama : his essential wisdom (eBook, 2007 ...

His Holiness the 14th Dalai Lama, Tenzin Gyatso, is the spiritual leader of Tibet. He was born on July 6, 1935, to a farming family, in a small hamlet located in Taktser, Amdo, in northeastern Tibet. At the age two, the child, then named Lhamo Dhondup, was recognized as the reincarnation of the previous 13th Dalai Lama, Thubten Gyatso.

Essential Teachings : His Holiness the Dalai Lama ...

Resilience, Hope and Connection for Well-being. November 19, 2020 Thekchen Chöling, Dharamsala, HP, India - This morning, His Holiness the Dalai Lama was invited to take part in a conversation with Ian Hickie, a Professor of Psychiatry in Sydney as part of this year's Happiness and Its Causes Conference in Australia.

His Holiness the 14th Dalai Lama | The 14th Dalai Lama

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His Holiness the Dalai Lama speaking to the virtual audience during the dialogue on Resilience, Hope and Connection for Well-being as part of this year's Happiness and Its Causes Conference in Australia from his residence in Dharamsala, HP, India on November 19, 2020.

His Holiness the Dalai Lama on Resilience, Hope and ...

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The Essential Dalai Lama by Mehrotra, Rajiv (ebook)

Tenzin Gyatso, His Holiness the 14th Dalai Lama, is the exiled spiritual leader of the Tibetan people. Born in 1935, he was recognized at the age of two as the reincarnation of the thirteenth Dalai Lama and was enthroned in 1940. Following the suppression of the Tibetan national uprising in 1959, he was given political asylum in India.