

## Self Community And Psychology

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Compared to Clinical Psychology. For example, community psychology is centered on action and solving problems much like clinical psychology. However, clinical psychology tends to have a greater focus on solving individual problems, while community psychology is devoted to understanding the underlying social issues that contribute to these problems. Community Psychology Explains How Individuals Relate to Society.

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ISBN: 9781485102328 1485102324: OCLC Number: 904436675: Notes: Reprint. Originally published: Cape Town : UCT Press, 2004. Description: 1 volume (various pagings) ...

### Self, community and psychology (Book, 2004) [WorldCat.org]

Community psychology is like clinical psychology and community mental health in its action orientation. That is, community psychology aims to promote human welfare. But community psychology arose largely out of dissatisfaction with the clinician's tendency to locate mental health problems within the individual.

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Self-concept is our personal knowledge of who we are, encompassing all of our thoughts and feelings about ourselves physically, personally, and socially. Self-concept also includes our knowledge of how we behave, our capabilities, and our individual characteristics. Our self-concept develops most rapidly during early childhood and adolescence, but self-concept continues to form and change over time as we learn more about ourselves.

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